

Report of Area Action Partnerships

Gordon Elliott, Head of Partnerships and Community Engagement

Councillor Brian Stephens, Cabinet Portfolio Holder for Neighbourhoods and Local Partnerships

Electoral division(s) affected:

Countywide

Purpose of the Report

- 1 The purpose of this report is to provide an update in relation to the work taking place to enhance the interface between Area Action Partnerships (AAPs) and the Health and Wellbeing Board (the Board), to improve the alignment of AAP developments and investments, and the priorities of the Board.
- 2 To make suggestions on how AAPs and the Health and Wellbeing Board can continue to develop their working relationship to better benefit residents in County Durham.

Executive summary

- 3 This report forms part of a regular update to the Board that reviews joint working between health and wellbeing partners and the 14 AAPs.
- 4 The last report on the work of AAPs was presented to the Health and Wellbeing Board on 4 September 2018.

Recommendation(s)

- 5 Members of the Health and Wellbeing Board are recommended to note:
 - (a) The work that is taking place across the County;
 - (b) The continued improved alignment of the work of the AAPs to the Health and Wellbeing Board;
 - (c) The work undertaken by the AAPs during 2018/19 in addressing the Health and Wellbeing agenda;
 - (d) The shared work that AAPs and partners are currently working on.

Background

- 6 The report provides information on the following:
- (a) county wide partnerships and services in which the AAPs are involved;
 - (b) the AAP priorities and available funding;
 - (c) update on progress with the Social Isolation Fund;
 - (d) amount of Area Budget and Neighbourhood Budget allocated in 2018/19, and the amount of match funding it attracted;
 - (e) number of health and wellbeing related projects funded;
 - (f) a number of projects funded that support the key objectives of the Board.

AAPs and Delivery Partnerships

- 7 The following section provides an update on county wide partnerships and services in which the AAPs are involved. It has been agreed with the lead agencies responsible that progress summaries will be provided through this report to the Board.

County Durham Dementia Action Alliance (CDDAA) and the Dementia Friendly Communities Network (DFCN)

- 8 Councillor Lucy Hovvells and several other local elected members are at the heart of developing numerous Dementia Friendly Communities across the county in the next few years alongside partners and led by the Alzheimer's Society.
- 9 There were 3 key objectives for the 2018/19 CDDAA Action Plan:
- (a) to create and support the development of Dementia Friendly Communities across County Durham;
 - (b) to raise the awareness of dementia amongst children and younger people;
 - (c) to examine ways in which the CDDAA can tackle isolation amongst those affected by dementia.
- 10 There are numerous partners feeding into the plan including AAPs, Durham County Council Adult and Health Services Commissioning, Her Majesty's Passport Office, Beamish, Care Homes and Hospices.
- 11 Working alongside the Alliance, and supporting its first objective, is the Dementia Friendly Communities (DFC) Network which has been established by the Alzheimer's Society to share best practice and support those who are in the process of establishing DFCs.

- 12 At the Mental Health Strategic Partnership Board held on the 28 March 2019 which has AAP representation it was reported that four more Dementia Friendly Communities had been established. Also a Dementia Action Week took place from the 20th to the 26th May; a Dementia Guide is due to be rolled out in July.

AAPs Update

- 13 There are 11 AAPs (an increase of 3 since the last report) who have Health and Wellbeing as a key priority, each of these are operating a task and finish group and through the use of the AAP Priority Survey, their AAP Profile and service partner knowledge they are identifying key issues to examine. An overview of all 14 AAPs Key Priorities can be found in Appendix 2.
- 14 AAPs receive core funding of £100,000 each year. In recent years this has been supplemented with additional funding linked to social isolation, welfare reform and youth related activities. AAPs also support the 126 County Councillors in allocating their Neighbourhood Budgets (£19,400 per Councillor).
- 15 From 2018/19 to 2020/21 (3 years) each AAP is receiving £25,000 from the Adult Care Transformation and Innovation Fund (ACTIF) to establish an Older People's Social Isolation Fund. Criteria for this fund has been agreed between Adults and Health Commissioning and AAPs and is now being implemented across each AAP. An update on how this is progressing is set out in Appendix 3 as promised in the last report. For further information on any of the projects, please contact the relevant AAP team.
- 16 In 2018/19 the AAPs and Elected Members allocated £452,272 of AAP Area and Neighbourhood Budget to 79 health and wellbeing projects, this in turn attracted an additional £429,327 of matched funding. Details on projects are available on request. However the number of projects and monies allocated to projects is significantly higher when taking into account projects developed under other AAP priorities such as Children, Young People and Families and Older People.

Summary of AAP Health and Wellbeing Projects

- 17 AAPs have funded a number of projects during 2018/19 that support the key objectives of the Health and Wellbeing Board. A number of these have been highlighted below under the key objective headings. Further information is available from the AAPs on all of the projects summarised.

Children and young people make healthy choices and have the best start in life

- 18 **The Baby Ready or Not (BRON)** project delivered by The Cornforth Partnership will contribute to tackling the increasing number of teenage conceptions in the East Durham Rural Corridor AAP area, and also challenge the high levels of anti-social behaviour. The work started in Sedgfield where there was an issue with youths congregating, but the project is flexible to move around the area in line with need, following a partnership working approach. Staff will encourage young people to speak up around their wants and needs in their local communities. Staff will also provide youth work advice and C-Card services. C-card is the County Durham condom distribution service for young people. Feedback from the young people will then be fed back to the AAP Board for discussions and to aid future project development.
- 19 The Partnership has created an accredited sex and relationships training programme for young people (both boys and girls) aged 14+. Their Open College Network accredited Baby Ready or Not programme challenges young people's attitudes and beliefs around sex and relationships. It also provides young people with the knowledge to be better able to make appropriate choices when entering into intimate relationships. The course also covers contraception, its different forms and the correct usage. The programme also utilises electronic baby simulators to provide a hands on experience of what it is like to care for a child.
- 20 **Prison Me No Way (PMNW)** delivered a Crime and Safety Awareness Day (CASAD) at Parkside Academy within the 3 Towns Partnership to all year 8 pupils, and are currently working on the bespoke delivery of Your Choice days which will be delivered in two primary schools as a pilot in the 3 Towns area. These days will involve **300** children and young people in programmes designed to help them make healthy choices.
- 21 There are two themes within the **Social and Emotional** project led by Oxhill Youth Club within the Stanley AAP. The first theme's focus is online safety, and looking at all issues that affect young people from cyber bullying to how to stay safe online. The project will work with young people to identify issues and how to deal with them effectively. The second theme is to work with young people on self-resilience, self-esteem and confidence, based on self-defence and exercise delivered by a local Martial Arts Teacher.

Reduce health inequalities and early deaths

- 22 The **Revitalise** project delivered by Foundation of Light aims to improve the health and wellbeing of people aged 50 years and above within the East Durham Rural Corridor AAP area. Sessions and activities are provided to engage participants in a healthier lifestyle and to reduce social isolation. Three weekly sessions including bingo, luncheon clubs, arts and crafts, walking football, exercise classes, and coffee mornings are delivered from local community centres and care homes, along with trips. There is currently a 104 year old person taking part in Boxercise!

Improve the quality of life, independence and care and support for people with long term conditions

- 23 The **Headway County Durham** project has been funded in the Stanley AAP area to employ a Project Development Worker due to the increase in brain injury and the growing demand for Headway support from their increasing client list. The worker will;
- (a) oversee a new programme of activity and develop the service,
 - (b) be the main contact to ensure Headway Members are supported in Stanley, and new members are recruited to access their support services,
 - (c) carry out one to ones with clients to support them and their families in their homes,
 - (d) establish a link with University Hospital of North Durham to ensure brain injury survivors are signposted to the service and the support they provide, and
 - (e) maintain the relationships they have developed with other professional services in particular James Cook Hospital and the RVI, the two main major brain trauma centres.
- 24 Headway County Durham have links with the Walkergate Park Centre for Neurorehabilitation and Neuropsychiatry, which is an all encompassing service for people with a disability caused by injury or disease affecting the brain, spinal cord or muscles. The project obtains clients from this service, ensuring pathways are joined up in terms of working arrangements.
- 25 **The Centre of Excellence for Dementia Patients and their Carers project** had a total project cost of £32,000, including £17,000 Area Budget from East Durham AAP. The project employed a Dementia Support Worker for 3 days a week to work in the East Durham area employed by the Alzheimers Society. The employee was based at the Robin Todd Centre which became a centre of excellence for East Durham. The development of this project saw an all round information, support and signposting service develop for dementia patients and their

families. This support was provided via one to one and group activities and included emotional, financial and medical advice, developing support networks designed to give emotional support to those families and carers feeling isolated and alone.

- 26 The post holder signposted and linked with The Hospital of God at Greatham, Age UK, Carers Association, Alzheimer's Society, Mental Health Services for Older People and Relate to give an all round advice and care service for people diagnosed with Dementia and their carers. A key role for the Officer was to co-ordinate the training for the Management Committees, Staff, or Volunteers of East Durham Community Buildings to enable community based activities to be developed and work towards making East Durham 'Dementia Friendly'
- 27 There was an extension to this project which was slightly changed to include Dementia Friendly Communities (DFCs). The workers role was to work in communities giving help and advice to Community Buildings, places of work, schools and villages in the East Durham area. To work with communities to help them work toward Dementia Friendly Communities status.
- 28 A further extension to Dementia Friendly Communities in 2018 followed using £11,016 Area Budget towards a total project cost of £12,614. The project extension is for 6 months to expand on the work of the Dementia Friendly Communities Co-ordinator. This work expands the geographical area to include more of the outlying villages and to complete work started in many areas. The funding enables a 21-hour-per-week Dementia Friendly Communities Coordinator to work across East Durham, developing DFCs further. The Coordinator also helps current DFCs in areas they have found difficult and builds on the opportunities that have been created over the past year. The Coordinator will also provide greater cohesion between DFCs and services across East Durham, ensuring future sustainability.
- 29 The Coordinator engages with various key community members across East Durham to work towards becoming dementia friendly, in particular making towns and villages more accessible, raising awareness about dementia in order to reduce stigma, and promoting independence for people affected by dementia.
- 30 **The Talking Dementia project**, funded with £5,000 Area Budget from East Durham AAP provided two conferences; one for young people and one for the people of East Durham, as follows:

- (a) One day conference - National Touring Theatre exploring dementia, room hire was included at a local community venue, knowledgeable speakers were in attendance sharing information, and partner agencies/community groups giving information on help and support available for people living with dementia and their carers. 'Jack and Jill & The Red Postbox' explored some of the complexities of living with dementia and encouraged participants to think about how they live and work alongside those in communities. Market place displays were provided to give various health information.
- (b) Night event for young people – included National Touring Theatre exploring dementia, room hire and buffet included at a local community venue to encourage participation. Information stands relating to health, geared towards young people, for example; young carers, School nurses, young people's health problems and the Alheimers Society. Also artwork was developed with a group of young people working alongside people living with dementia. The resulting artwork was displayed in various venues across East Durham, with a final presentation at an East Durham AAP Board meeting.

Improve the mental and physical wellbeing of the population

- 31 The Derwent Valley AAP fully funded £10,000 to **Consett Hiking Group**. This enabled:
- (a) the continuation of weekly 'Mams and Babies' walks to ensure mothers are given the opportunity to meet each other regularly, exercise and get their children interacting with nature and other children,
 - (b) the continuation of 'Peace of Mind' Walks in partnership with Derwentside Mind. These popular walks involving service users from Derwentside Mind bring people together to walk and then have refreshments together, allowing them space to walk and talk in a relaxed, lively and enjoyable atmosphere.
 - (c) The Steel Town 20 event which is growing into a community celebration to promote walking and its physical and mental health benefits. For instance, 70 people walked 20 miles around the Derwent Valley in the heart of the AAP on the May Bank holiday last year.
 - (d) To create walks around the locality for families/tourists to follow using GPS technology.
 - (e) The continuation of Consett Hiking Group open walks every weekend and in the summer months, midweek walks.

- 32 Following the successful pilot of Family Actions Neighbourhood Charter work within the Bishop Auckland and Shildon (BASH) AAP area; the **East Durham Rural Corridor Neighbourhood Charter** project has been funded with a view to being rolled out across the County. The project works with Primary and Secondary schools within the AAP area, as well as community and voluntary groups working with young people to achieve Neighbourhood Charter status. The Young Carers Charter aims to make positive change for children, young people and families where there is a caring role. The Charter was originally focused on supporting schools to put in place effective processes, training and staff capacity to improve recognition and responsiveness to the needs of young carers. However, on the back of successful delivery and growing interest from other organisations, the Charter has since been extended to support GP surgeries and other voluntary groups, as well as various DCC departments including the One Point Teams. Some AAP's are also going through the charter process. EDRC AAP will be the third Young Carers Charter Status Neighbourhood in County Durham. Following BASH AAPs involvement this would demonstrate a wider area of County Durham's ongoing commitment to lead the way in supporting young carers.
- 33 The **PrimarEAMH** programme led by If U Care Share has started to roll out to the remaining 10 Primary Schools in the 3 Towns Partnership area, based on the previous successful pilot in three Schools. East Durham Rural Corridor have also funded this project in the past. **473** pupils took part in the pilot within the 3 Towns Partnership area, and a large proportion of school staff, creating a culture that sees the next generation confident and comfortable in talking about their emotions. **1170** people will be involved in initiatives aimed at improving mental health/wellbeing and **90** people will receive formal training.
- 34 As a specialist in behavioural education Delta North currently work with around 70 young people locally, each with needs that weren't being met in mainstream school. Over the past few years they found an increase in the amount of young people turning to drawing and creative art-based aids to help calm them down when they were in emotional turmoil or simply not coping. As an organisation they were keen to assist young people in the development of their mental health and offer tools to help them when they needed it.
- 35 Under the **Angry Artists** project, they have devoted key areas of their building to be used for art based therapeutic means through digital art, drawing, doodling, crafts and mural painting. They were funded £7,750 from the Derwent Valley Partnership AAP for a bank of creative artistic tools and resources, which were placed in these key areas and to train various staff on ways to incorporate art as a therapeutic tool with young people.

- 36 The **What's Stopping You** project funded by 4 Together Partnership, and led by Ferryhill LADDER Centre offered free accessible exercise to men and women over 18 years of age, was very successful over the last 12 months and incredibly well received by members of the community and partner referral services. By its end, 88 people had signed up for the project and regularly taken part in the organised activities. This exceeded the target of 50, set against the key performance indicator in relation to number of people involved in initiatives aimed at improving mental health/wellbeing.
- 37 A growing number of referrals from outside agencies were received including local GP surgeries in Ferryhill, Chilton and West Cornforth, Wellbeing for Life, Mental Health Matters, Talking Changes, Social Workers and Floating Support Services from Durham County Council.
- 38 Innovative ways to support people have been provided to those who would normally not be able to access sport, exercise and healthy living activities to improve their overall health and wellbeing, improve their mental health and tackle social isolation. Project members designed and produced their own stunning garden display at The Ladder Centre to celebrate the Centenary of the First World War.
- 39 A weekly health walk was provided led by qualified volunteers, identified through the project, and a healthy meal and social session where group members could mix and form friendships. Over the course of the project, training has been delivered in healthy eating and understanding the positive effects of exercise on your body. Group members have been encouraged to take part in community volunteering, and in the Summer 2018, a team of 'Litter Pickers' helped with community litter picks in Dean Bank.
- 40 Weekly Walking Football sessions, taster sessions of Qigong, seated and gym exercise have been provided, as well as 10 monthly walking trips aimed at reducing social isolation, but also giving the project members something to aim for and a sense of achievement. An example of this was an organised trip to climb Roseberry Topping.
- 41 The project provided one to one mentoring/ support sessions to project members throughout the lifetime of the project. This has helped empower those taking part to make positive changes in their lives and lifestyles. Work has taken place with those requiring help to complete referrals to dedicated support services such as Smoking Cessation, Alcohol Support Services and Talking Changes.

- 42 The North Durham **Man v Fat Football** League project which had an overall project cost of £10,000, utilised £5,000 from Chester-le-Street & District AAP to facilitate the development of the league for men living in the AAP area wanting to lose weight and get healthier. Uniquely, the league is decided not just on points won, but also on pounds lost. Support and inspiration are provided 24/7 to help men lose weight, get fitter, meet new people and enjoy the beautiful game!
- 43 The Man v Fat Football league takes place over 16 weeks, including 1 registration week, 14 weeks of football, and 1 'friendly' week. The registration session gives everyone a chance to meet each other and get assigned to their teams. Captains and team names are decided and players are placed onto a WhatsApp Group which is used to maintain enthusiasm and motivation.
- 44 Men are weighed at the start of each week and results are compared to the previous weeks to determine weight loss/ gain. Teams gain points for their weight loss, and these are combined with the points total from the matches they've played to determine their overall position in the league.
- 45 There are currently 87 local men engaged in the league, and a collective loss of 150kg was achieved in the first week, with a further 60kg lost in the second week; one player has lost four stones.
- 46 In relation to addressing the wider determinants of health such as social isolation, poverty and worklessness for example; **REFUSE** is a Community Interest Company that intercepts food before it becomes waste and turns it into healthy accessible meals, served on a 'Pay As You Feel' basis. Through pop up events, media campaigns, a schools project and community café, the organisation works to highlight and challenge the levels of food waste in the UK, and give everyone access to basic education on food provision and food waste management.
- 47 REFUSEs café premises in Chester-le-Street has become the projects hub, hosting volunteer teams, training and coaching volunteers with significant barriers to employment, as well as providing food for the local community. The café is an inclusive community space, open to all. Partnerships with other local organisations like the YMCA, Handcrafted, Changing Lives, the Job Centre and Refugee Service mean that the café is somewhere where those who can't afford food or are lonely can find company and community.
- 48 The 2018 Small Grants Social Isolation Pot using £10,000 of Area Budget from East Durham AAP recognises the need to strengthen the resilience of the community to resist and minimise the impact of social isolation. At the Health, Mental Health and Wellbeing Priority Group it

welcomed East Durham AAP receiving £25,000 for 3 years to help develop innovating projects to help with socially isolated over 50's but discussed and recognised that people are isolated for a number of reasons . This project is open to deliver projects of between £1,000 and £2,500 from the smaller pot of £10,000, to run alongside the £25,000 OPSIF monies. This will have a dual purpose of being a smaller grants pot but could also be used to support those suffering isolation under the age of 50.

- 49 It also offers supported volunteering opportunities where those who are out of work, and at risk of social isolation can gain confidence and feel a sense of belonging whilst also gaining skills for employability. Accredited Level 2 qualifications in food handling and food and beverage service are offered through Sunderland College. AAP Area Budget funding of £9,560 contributed to the total project cost of £21,000 and was used to purchase essential equipment for the cafes kitchen.
- 50 The **Come Eat Together** project (2018) with a total project cost of £10,946, including £3,786 from Mid Durham AAPs Area Budget delivered by Age UK, uses innovative ways to work across the AAP area to combat loneliness, social isolation and malnutrition among people aged over 50 in Mid Durham by bringing older people together using food as an overarching theme. Older people are targeted, who whilst not necessarily frail or in poor health, are at risk of social isolation. Activities will bring older people together to enjoy good food in company, learn, talk, taste, grow and shop for food that will promote good health and wellbeing.
- 51 This project promoted enjoyment of life by involving older people in a wide range of enjoyable volunteer activities. These include acting as a 'buddy' to support new members, and meeter greeters to welcome people at activities, assisting with activities such as Let's Get Growing or 'Eat well, Feel great' sessions or helping older people with their food shopping.
- 52 It will deliver sessions in the community to encourage people to grow fruit and vegetables in containers/small garden areas at home. Everyone receives an information booklet and starter pack (seeds/compost). Finally, it will help people gain the skills and confidence to use the Internet to shop online. Outcomes include:
 - (a) Older people feel more socially included and be better equipped to cope with life stage changes.
 - (b) Older people have increased knowledge how good nutrition helps maintain/improve health & wellbeing
 - (c) Older people have increased knowledge, skills & ability to access, grow and prepare healthy food

(d) Local organisations have improved knowledge, skills and capacity to deliver activities for older people

- 53 55 older people have benefited from the above scheme gaining the outcomes outlined, 4 community groups and 4 community buildings have benefitted, 5 people have volunteered.
- 54 **The St Margaret's Old School Café** project which received £11,000 Area Budget from Durham AAP, is a well-established mental health recovery organisation, and works with people providing a safe and therapeutic environment that allows them to regain confidence and self-esteem.
- 55 This project helped the centre to renovate their entrance way to improve access for all and to refurbish the café area. It has now been completed with the opening of the café on the 21st January. All problems were resolved, this was mainly around alterations to layout and design. The luncheon club for older people in isolation was scheduled to start in June. There is a constant stream of older people using the facility, and their needs are being gauged before advertising.
- 56 There has been a positive response from the local community for the need of this service. A few local residents are using the facility for take away evening meals so as not to cook. The facility is accessed by the general public, and is being host for a young people's peer support group on a Wednesday evening. The first session ran on the 1st May 2019.
- 57 The key performance indicators have exceeded the targets set with the number of voluntary and community groups supported actual to date recorded as 9, against a target set of 6; the number of community buildings/ facilities supported actual to date is 8 against the target of 4.

Protect vulnerable people from harm

- 58 The **Hearts and Minds – Domestic Abuse** project delivered by The Cornforth Partnership includes an award winning level 2 accredited training programme through the Open College Network, which has been developed by working with female survivors to understand their support needs. Hearts and Minds is a bespoke training programme which is being delivered across the East Durham Rural Corridor AAP area; targeted in the villages which had the highest figures on the Police crime map in relation to violence and sexual offences during January and April 2018. During the programme participants look at and define what Domestic Abuse is and underpin the tell-tale signs and traits of an abusive relationship. They then move on to developing recovery strategies and designing their own personal development plans for the future. Staff are

also on hand to support the female survivors with any additional support they may need, and will fully support families to make referrals to the Police and Harbour etc.

The Partnership recognises that children and young people who have been living in abusive homes are also affected by the abuse, therefore one to one support is offered to all children and young people from their dedicated youth work staff. The programme is an excellent progression opportunity for those participants who have completed the freedom programme, and as a result, the Partnership has developed excellent working relationships with One Point centres and Social Care Direct teams, who support the Partnership in generating referrals.

To ensure the programmes are inclusive to all areas within the AAP, transport is provided, along with childcare, where necessary. The programme also includes two social activities to help bring the female survivors together, and to celebrate their achievements upon completion.

59 Just for Women Centre – New Premises:

The Just for Women Centre is a small independent not- for-profit organisation founded to help women in the community who suffer from mental health issues, or are survivors of abuse, first time offenders or long term unemployed. Stanley AAP and partners have supported them to secure a new base fit for their activities and business expansion.

Shared and Supported Work

- 60 AAPs continue to be part of and input into the Severe Weather Plan, Holiday Activities with Food Work Stream, Active Durham, the Mental Health Strategic Partnership Board, Teenage Pregnancy Steering Group, Suicide Prevention Alliance and Resilient Communities Group. The AAP representative responsible for connecting AAP work with that of the Health and Wellbeing Board partners is also the AAPs link to the above groups, and the Time to Change Champion for the AAPs.
- 61 The AAPs have been involved in work to help establish the foundations for a new vision for the County Durham Partnership, via the priority voting and workshops within the community prior to Christmas.
- 62 AAPs are keen to ensure that they are working with the most up to date information so continued regular updates from the Health and Wellbeing Board on reports such as this help to shape local actions supported by the AAPs. All AAPs have Board meetings and task and finish groups and the AAP Coordinators meet regularly so there are plenty of opportunities to share information at a local and county level. In addition, prior to approving AAP projects, comments are sought from the relevant statutory agencies on the proposed action.

- 63 AAPs have Forum membership of approximately 15,000 and send regular e-bulletins to their members. Each AAP also has their own Facebook page that can be utilised to raise key messages and consultations to local communities. These methods of communication could be a further way of getting the messages out to communities.
- 64 AAPs have supported campaigns such as Fresh, smoke free play areas and smoke free school gates, but not funded any particular projects around tobacco and smoking in pregnancy.

Conclusion

- 65 This report is intended as an update from the AAPs to the Health and Wellbeing Board.

Contact: Jane Bellis

Tel: 03000 261128

Appendix 1: Implications

Legal Implications

No implications.

Finance

As above, the finance highlighted within this report is linked to budgets provided to the AAPs via Durham County Council.

Consultation

The AAPs engage with local residents and partners throughout the year, and base their work on the contributions provided. They provide an opportunity for residents and partners to be part of the Task and Finish Groups established to examine, develop and evaluate the outcomes of the aforementioned contributions.

Equality and Diversity / Public Sector Equality Duty

Not applicable.

Human Rights

Not applicable.

Crime and Disorder

AAPs fund projects which contribute to improving levels of crime and disorder.

Staffing

Not applicable.

Accommodation

Not applicable.

Risk

Not applicable.

Procurement

Not applicable.

Appendix 2: AAP Priorities

AAP	2019-20 Priorities
3 Towns	<ul style="list-style-type: none"> - Children, Young People and Families - Older People - Community Safety
4 Together	<ul style="list-style-type: none"> - Children, Young People and Families and/ or Older People to improve physical and/ or mental wealth - <u>Health and Wellbeing (overarching priority)</u> - Older People
Bishop Auckland and Shildon	<ul style="list-style-type: none"> - Children, Young People and Families - Community Safety - Older People
Chester le Street and District	<ul style="list-style-type: none"> - Thriving Chester-le-Street: Focusing on Town Centre Development and Employment. - <u>Supporting Chester-le-Street: Focusing on Health, Children, Young People and Families and Welfare Reform.</u> - Environment and Community Safety: Focusing on Neighbourhood Issues including environment, crime and community safety,
Derwent Valley	<ul style="list-style-type: none"> - <u>Health and Wellbeing</u> - Environment and Employment - Enterprise and Training
Durham	<ul style="list-style-type: none"> - <u>Children, Young People and Families (incorporating Health and Wellbeing)</u> - <u>Older People (incorporating Health and Wellbeing)</u> - Improving our villages and city
East Durham	<ul style="list-style-type: none"> - Children and Young People - <u>Health, Mental Health and Wellbeing</u> - Maintaining the Social Fabric of Our Community
East Durham Rural	<ul style="list-style-type: none"> - Children, Young People and Families - <u>Health and Wellbeing</u> - Older People
Great Aycliffe and Middridge	<ul style="list-style-type: none"> - Children, Young People and Families - Older People - Community Safety
Mid Durham	<ul style="list-style-type: none"> - Children, Young People and Families - <u>Older People including Health</u> - Crime and Community Safety including Environment
Spennymoor	<ul style="list-style-type: none"> - <u>Safer, Stronger and Healthier Communities</u> - Children, Young People and Families - Culture, Your Local Environment, Tourism and Heritage
Stanley	<p>Stronger Stanley:</p> <ul style="list-style-type: none"> - Children, Young People and Families - Community Safety <p>Supporting Stanley:</p> <ul style="list-style-type: none"> - Older People - <u>Health and Wellbeing</u> <p>Successful Stanley:</p> <ul style="list-style-type: none"> - Employment, Enterprise and Training
Teesdale	<ul style="list-style-type: none"> - Children, Young People and Families - Older People - <u>Health and Wellbeing</u>
Weardale	<ul style="list-style-type: none"> - Children Young People and Families - Supporting of Local Groups - Culture, Tourism and Heritage - <u>Health, Wellbeing and Safety</u>

Appendix 3: Update on Older Peoples Social Isolation Fund (OPSIF)

OPSIF		
AAPs - south	Current Position	£ Allocated and approved at AAP Boards
3 Towns	<p>Been working with partners on the issue of older people's social isolation to decide where to invest the OPSIF funding of £25k for 18/19 as per below.</p> <ul style="list-style-type: none"> • Mapped and timetabled current provision across the 3 Towns area and shared with groups and the community to identify any gaps. • Organised a Network meeting of organisations delivering activities to older people across the 3 Towns. 16 different organisations attended and we ran workshop style sessions looking at the timetable and map for specific gaps. • Explored what's working well and any challenges faced by current providers. • Identified any training or support needs of current providers. • Created an e-network to inform 3 Towns Providers on relevant training and funding opportunities • Supported several organisations to successfully apply for external funding for current and new activity, including a years' worth of running costs for a Dementia Café, and for Friends Together, a social group with links to local GPs. Transport for a Willington luncheon club, funding to set up a new luncheon club in Crook ran by Churches together. Funding for a new church hall floor mostly used for older people's activities. We have also supported several organisations with access to smaller grants across the area from our Connecting Communities fund. We continue to support organisations with external funding. • Shared the current timetable of provision with the DCC locality team who have used it to have informal conversations with clients in the 3 Towns area to identify barriers to participation and reasons for non-participation currently. • The main results from this work identified transport and special transport. Not knowing what's going on and don't want to attend/can't be bothered. 	£25,000 to a Small Grants Pot.

	From all of this work the Task group and Board have agreed a grants scheme would be the best way to help facilitate social interaction in the 3 Towns area this year with an agreement that another network meeting will be organised to move forward. We will continue to work with the locality team and contact other DCC and partner services who are most likely to access the older socially isolated.								
4 Together	Funded Healthy Communities, managed by the Cornforth Partnership which is an exciting new initiative which built around the five ways to health and wellbeing model. The project will have a health focus to supporting older residents to make sustained change to their personal wellbeing and ensure they have opportunities to live healthy and prosperous lives which are free from risk and harm through participation in a holistic programme of support and activities throughout their local community. We are using year 1 of this project as a pilot, the results of which will determine the continuation of the project.							£25,000	
Bishop Auckland and Shildon	Bishop Auckland and Shildon AAP Older Person Social Isolation Fund							See table to left	
	Project Name	Lead Organisation	Amount Requested	Total project Costs	Proposed OPSIF Budget Breakdown				
					2018/19	2019/20	2020/21		Total
					£25,000	£25,000	£25,000		£75,000
	Social Transport Scheme	Supportive SRC Ltd	£7,000	£7,000	£0	£7,000	£0		£7,000
Bishop Auckland Healthy Heartbeat Support Group	Bishop Auckland Healthy Heartbeat Support Group	£5,800	£5,800	£5,800	£0	£0	£5,800		
West of 60	St Helens Parish Church	£7,240	£7,240	£3,620	£3,620	£0	£7,240		

	Lunch Club, Day Club and Meals on Wheels	Woodhouse Close Church Community Centre	£11,763	£11,763	£9,235	£2,528	£0	£11,763	
	Green Links	Groundwork North East	£9,458	£9,458	£0	£9,458	£0	£9,458	
	Four Clocks Club and Memory Club	Bishop Auckland Community Partnership	£6,345	£6,345	£6,345	£0	£0	£6,345	
	TOTAL		£47,606	£47,606	£25,000	£22,606	£0	£47,606	
Great Aycliffe and Middridge Partnership (GAMP)	<p>Three project proposals supported and approved by the Board (currently in the process of collating required documentation to forward to Funding Team for technical appraisal).</p> <p>Be Connected (Home Group) £5,000 To deliver a service that promotes inclusion, and health and wellbeing for the older people of the GAMP area. Funding will be used to deliver activities and lunch clubs to older residents who may be socially isolated in the area. Activities will be based around promoting good mental health, creating opportunities to socialise and combating isolation.</p> <p>Green Links (Groundwork North East) £9,460 This is a client-led programme of eco-therapy which addresses social isolation and low activity in people living with dementia and their carers. The key focus is to address loneliness to reduce the risk of deterioration. By providing regular social activities, with use of outdoors, the project will support the maintenance of cognitive and physical health through learning and developing practical skills and activities like walking and gardening. Addressing the health needs of the clients can help support families and carers to live well too. The programme will support a minimum of 45 people living with dementia and 15 carers.</p> <p>Town of our Times (Pioneering Care Partnership) £10,540 The proposal is to bring together key stakeholders from the GAMP area to develop a healthy town approach focusing initially on two main topics, Dementia Friendly Communities and Time to Change GAMP-wide pledges. A dementia-</p>								£25,000

	<p>friendly community is a town or village where people with dementia are understood, respected and supported, they are important to help people to live well with dementia. We would work with a wide range of partners to develop a comprehensive plan.</p> <p>A part time worker will be appointed to:</p> <ol style="list-style-type: none"> 1. Co-ordinate the multi-agency Action Group; 2. Develop and lead on an AAP wide Action Plan; 3. Support individual organisations (voluntary orgs, community centres, library, leisure facilities, retailers, business) to make small but meaningful adjustments; and 4. Seek additional funding for training, awareness campaigns and resources. <p>All are one year projects.</p>	
Teesdale Action Partnership (TAP)	<p>Association of Teesdale Day Clubs (agreed by TAP Board 19th Sept – project is now live) The Teesdale Day Club project will be funded on a yearly basis. Outcomes will determine if the project is funded for a further 2 years. (£10,000)</p> <p>Durham Wildlife Trust (Woodland Volunteers Project). The Durham Wildlife Trust project will be a 1 year funded project. (£6,000)</p> <p>UTASS (Social Isolation Project). The project is in the pipeline. Initial discussions at task group level. The project will be discussed further at the Older People Task Group for approval. The UTASS project will be funded on a yearly basis. Outcomes will determine if the project is funded for a further 2 years. (£9,000)</p>	£25,000
Weardale Action Partnership (WAP)	<p>Medical/social hybrid model. Reviewing personal health utilizing the STAR model of independent living to develop tailored solutions addressing the needs of the individual. Social element of the model utilizing a client centred EGAN approach to achieve movement in engagement and empowerment. WAP are developing a three year project, using staged payments dependent on results and outcomes.</p>	£25,000 (full £75k potentially)
East Durham Rural	<p>Keeping safe and Well in EDRC, Age UK County Durham - £10,000</p>	£25,000

Corridor
AAP
(EDRC)

Age UK County Durham works to promote the wellbeing of all people aged over 50, their families and carers in County Durham. Fuel poverty and poor access to information and support can lead to social isolation, loneliness, poverty and poor health. They want to ensure older people are fully prepared, not only for the winter months, but all year round.

This funding is enabling them to develop a pilot project that will help people aged over 50 cope with winter across the EDRC area, with a focus on those who experience poverty, loneliness and social isolation. They bring older people at risk of social isolation together for winter warming lunch clubs in community venues where they take the opportunity to provide taster sessions and information. The aim is for these to cover the following areas Quarrington Hill, Kelloe, Cassop, Coxhoe, Fishburn, Trimdons, and Sedgefield. The sessions are used to increase participants personal resilience and consult with them to identify potential new activities that could be developed locally to help them keep safe and well in later life.

Awareness of initiatives are raised (e.g. boiler replacement schemes) which improve the safety and warmth of older peoples' homes. They ensure older people know how to contact their Information and Advice Service for help with accessing welfare benefits, refer/signpost to partner organisations, winter grants and initiatives to ensure that older people are accessing their full entitlements. They also signpost and refer older people to activities and services to reduce social isolation and loneliness such as lunch clubs, social groups, exercise classes, befriending (home visits and telephone), and services to help with shopping. In addition they distribute Keep Warm Keep Well packs to older people; which give older people the information and contact details they need to stay safe and well in winter and a room thermometer. Finally, they distribute winter warmth items such as food, warm clothing or blankets to those in need of extra help, and talk to people about avoiding scams, keeping cool in a heatwave, Durham County Council services, help for those with Dementia, staying safe around the home and on the Internet.

Information and Advice Project, Age UK County Durham - £8,000 (Joint project with other AAP areas)

This project encourages and assists older people and their carers to claim their welfare benefit entitlements, helping and empowering them to find solutions to problems, make informed choices and connect to services which can help them to maintain/improve their physical and/or mental wellbeing and quality of life, and retain their independence. Information on a wide range of topics including welfare benefits, housing, community care, social services, health, and leisure/social opportunities is provided; along with the provision of factsheets and leaflets. Assistance is given with the completion of welfare benefit claim forms, problem solving and simple advocacy.

Supportive - £7,000

	<p>Supportive are a charity who provide home care, and the Volunteer Drivers Scheme across parts of County Durham. The Volunteer Drivers Scheme has helped thousands of customers all over the County, and has run for over 24 years. It has been well received in the EDRC AAP area.</p> <p>The funding is being used to provide door to door transport to those aged 50+ who live in the EDRC area. They also aim to support others who need help within EDRC on a case by case basis. They currently have 10 active drivers across the EDRC AAP area aim to recruit 10 additional drivers. They advertise on a regular basis for volunteers and will continue to do so. Their drivers are fully trained with safeguarding and DBS checks, and cars are checked regularly for tax/insurance/MOT. There are approximately 150 drivers across Co. Durham.</p> <p>Clients have benefited from using the service for hospital visits, shopping, community/day centres, and lunch clubs. This has been very successful, and excellent feedback has been received from the customers who travelled from Trimdon Colliery, Bowburn, Trimdon Station, Trimdon Village, Quarrington Hill, Fishburn and Sedgfield. The volunteer driver also plays an integral role in this great service which has given them a reason/purpose to get up in the morning and meet new friends so they are not socially isolated.</p> <p>They are working well with community groups to close the gaps in current transport provision. In addition, to add value to other projects the AAP have funded they are providing transport for Age UK County Durham and the Foundation of Light. They have also had various discussions with Durham County Council about transport difficulties for carers who are unable to get to and from hospital to visit loved ones. Therefore, Supportive can also provide transport for vulnerable people who do not fit with the criteria of the link2 journeys (who only provide journeys within a 5mile radius or to the nearest hub).</p> <p>Supportive charge 60p per mile (includes an overhead fee). Out of the 60p per mile, the volunteer driver is paid 40.55p per mile expenses from leaving home to returning home. The passenger pays 50p per mile (minimum charge of £1 per journey) only for the time they are in the car. This money goes back into the funding pot. The example used shows how the charges/overheads only occur when a journey takes place.</p> <p>All are 1 year projects.</p>	
East Durham	Durham Deafened Support were funded to make community centres, leisure centres, GP surgeries etc more user friendly to people with hearing difficulties. This is a one year project.	£25,000
Spenny	<p>A project callout has taken place and four applications were received as follows:</p> <ul style="list-style-type: none"> • AGE UK County Durham 	£25,000

	<ul style="list-style-type: none"> • Durham Together, Durham County Council • Spennymoor Green Links, Groundwork • Supportive <p>The full £25,000 has been allocated for 2018/19, however for information on which projects from the above list were funded and further detail on each, please contact the Spennymoor AAP team.</p>	
AAPs – north	Current Position	£Allocated and approved at AAP Boards?
Chester-le-Street	<p>A project call out took place in September with an oversubscription of £19,497. A dedicated funding sub group shortlisted the applications in October; they were then approved by the 'Supporting Chester-le-Street' Task group in October and four projects were taken to Novembers AAP Board for approval. The projects are as follows:</p> <ul style="list-style-type: none"> • Supportive, £7,000 for a Social Transport Scheme • Rhythm Not Blues, £5,100 • Pelton Community Centre, £6,024 for The Hawthorn Project • Bullion Hall, £6,876 for Evergreen Elders <p>The above projects are working together to ensure a greater impact on the community. All projects are 1 year, but will be invited to apply in year two provided evaluation and monitoring are in place.</p>	£25,000
Stanley	<p>Approved project that just started delivery in February 2019:</p> <p>Naturally Social (£9,000 OPSIF, £10,440 Match) – Naturally Social is a mechanism to support older people to access a constructive, positive healthy and sociable activity in the local area. It will support an existing group of volunteers to continue being outdoors, building their confidence and using their enthusiasm to encourage new older people to get involved. The aim will be to increase the number of volunteers who are participating in outdoor activities in this friendly and relaxed atmosphere. They will meet regularly and do small scale task such as cutting back vegetation, clearing footpaths, keeping sites tidy, going for walks and spotting wildlife. Going to a new activity can be daunting, the Naturally Social Officer hosted by Durham Wildlife Trust will encourage existing volunteers to be the group's friendly face, welcoming new members and becoming advocates for Naturally Social. They have been in that position and can put people at their ease.</p>	£0

	<p>Naturally Social will be promoted via local outlets including community centres, shops, GP surgeries, pharmacies, libraries and building good links with local stakeholders such as WellBeing for Life and Supportive. The aim is that local organisations will help us promote Naturally Social and signpost individuals to the project.</p> <p>Naturally Social's success will be assessed on how participants have felt, if they enjoyed it, feel fitter and more involved in their local area, and made new friends</p> <p>Funding committed to the following two projects:</p> <p>Information & Advice Service – Age UK County Durham (£10,000 OPSIF, £15,000 Match) – The service will encourage and assist older people and their carers from the Stanley area to claim their welfare benefit entitlements, helping and empowering them to find solutions to problems, make informed choices and connect to services which can help them to maintain/improve their physical and/or mental wellbeing and quality of life, and retain their independence. Topics covered include; welfare benefits, housing, community care, social services, health, and leisure/social opportunities. We assist with the completion of welfare benefit claim forms, problem solving and simple advocacy.</p> <p>Stanley Transport Scheme (£6,000 OPSIF, Match TBC) – The Scheme provides affordable lifts for vulnerable and isolated people in the Stanley area to enable them to access local groups and activities. Volunteer Drivers are recruited and trained to assist the passengers and transport to them to their specific activity or take them to visit their loved ones in hospitals/care homes.</p>					
Durham	<p>The funding was allocated to the following:</p> <ul style="list-style-type: none"> • Durham Fybrohaven £6160 • Supportive for volunteer drivers £7000 • The Woodpile £10,000 • DERIC for Bearpark Older Peoples Project £1840 <p>All are 1 year projects.</p>					£25,000
Derwent Valley Partnership	Name of Project / Delivery	Deliverer	Project Summary	Requested Funding / Match Funding		£25,000 – see table to left

Timescale / Priority					
<p>Older Persons Social Isolation Environment Small Grant Fund.</p> <p>To be launched in May/June 2019.</p> <p>Environment.</p>	<p>DVP Team and Environment Task Group</p>	<p>The funding will be used to create a small grants fund for local community organisations who wish to apply for funding to deliver village/town based environmental activities for residents aged 50+ to help reduce loneliness and improve mental health and wellbeing. Groups will be able to apply for a minimum of £500 up to a maximum of £2,000. The Task Group have developed an application pack and specific OPSI related criteria for the small grants fund.</p>	<p>£8,333 / Not yet known until small grant fund applications are received.</p>		
<p>Dementia Memory Café.</p> <p>June 2019 – June 2020.</p> <p>Health and Wellbeing.</p>	<p>St Patrick's Church Hall</p>	<p>The funding will be used to create a Dementia Café in the hall lounge at St Patrick's Church Hall for residents with memory problems or dementia and their carers. The café will provide a social setting to help reduce isolation often felt by dementia sufferers, their carers and families via social outings, bingo, crafts, activity programmes and</p>	<p>£8,333 / £1,925.28</p>		

			<p>professional speakers. It is hoped the café will also provide some emotional support to those attending. The project will be run by volunteers. These funds are also being used to support improvements to the dementia café held at Consett Methodist Church.</p>			
	<p>Keep I.T. Real.</p> <p>April/May 2019 – June 2020.</p> <p>Employment, enterprise and training.</p>	<p>St Patrick's Church Hall</p>	<p>The funding will be used to bring together local residents aged 50+ who are isolated through lack of I.T. skills. The training will increase confidence in the use of computers, the internet and all that they can be used for to help people combat the feeling of being left behind and not able to have control over their own lives, money, health etc. Large numbers of groups currently use St Pat's for other activities i.e. slimming, tea dancing, blood donors etc. and all have members who ask for help with IT. It is becoming clear that more older people are being left feeling isolated and have trouble keeping up with new technology, especially such</p>	<p>£8,333 / £0</p>		

			things as online banking, online GP services including prescription requests etc.			
Mid Durham	AAP Board agreed to support the following two projects put forward by the Support for Older Peoples Task group at their meeting in September 2018 <ul style="list-style-type: none"> • Come Eat Together (Age UK County Durham) - £10,946 total project cost, £4,579 OPSIF. 1 year project. • Mid Durham Intergenerational Programme (Age UK County Durham) - £41,699 total project cost, £20,421 OPSIF. 18 month project. 					£25,000
					TOTAL ALLOCATED TO DATE	£322,606 (£25,000 of which to a Small Grants Pot)